



Skillful Teaching Mentoring Program

For Pilates Teachers

Live and Online Program Application

1. Describe yourself in 5 words or less.
2. How would your closest friend describe you in 5 words or less?
3. What do you believe are your greatest strengths? (Consider what they will be as a teacher or *are* as a teacher). Greatest weaknesses?
4. Why did you become a teacher or why do you want to become a teacher?
5. What is at the center of your life? What things, people, ideas are you most committed to personally?
 - a. Professionally?
 - b. Otherwise (spiritually, emotionally etc.)?
6. What are some of your current challenges either in teaching or in your work?
7. How would you describe your current attitude toward teaching and your path toward becoming an excellent teacher?

Please submit a current CV or resume with this application plus two professional references that can speak to your motivation, dedication, level of organization, character and ability to lead, guide or teach others.

Send all documents to Chantill@skillfulteaching.com

Subject: (Specify Live or Online Mentoring Application)