

Skillful Teaching Mentoring Program For Pilates Teachers

Live and Online Program Application

1.	Describe yourself in 5 words or less.
2.	How would your closest friend describe you in 5 words or less?
3.	What do you believe are your greatest strengths? (Consider what they will be as a teacher or <i>are</i> as a teacher). Greatest weaknesses?
4.	Why did you become a teacher or why do you want to become a teacher?
5.	What is at the center of your life? What things, people, ideas are you most committed to personally?
	a. Professionally?
	b. Otherwise (spiritually, emotionally etc.)?
6.	What are some of your current challenges either in teaching or in your work?
7.	How would you describe your current attitude toward teaching and your path toward becoming an excellent teacher?

8.	What is your teaching vision, the point of view from which you teach? <i>Consider:</i> what is your underlying motivation for showing up for your work day after day?
9.	Describe your dream teaching-self & situation what's your most amazing, most vibrant, bold and audacious fantasy?
10.	What are the top three reasons you would like to participate in the Mentoring program?
11.	What are your expectations of the program and of yourself in the program?
12.	And finally Make a list of all the ways you anticipate you could be thrown off track or waylaid during this process. For instance, not having enough time, not having support within your studio, self-doubt etc. It could be anything from emotional to physical to logistical.
	Then make a similar list with all the ways you can start addressing these potential bumps in the road to ensure your greatest success. These should be simple, immediately actionable steps. I.e. Asking someone to be your buddy for feedback and support; or creating a concrete and realistic schedule in which you set aside time to do your exercises and homework everyday.

Please submit a current CV or resume with this application plus two professional references that can speak to your motivation, dedication, level of organization, character and ability to lead, guide or teach others.

Send all documents to Chantill@skillfulteaching.com

Subject: (Specify Live or Online Mentoring Application)