



Teacher Training & Mentoring Overview

To make it easier for potential students of the Balanced Body Teacher Training program and the Skillful Teaching Mentoring Program hosted at Pilates Collective we have broken down the expected costs and time frame. Please don't hesitate to ask us if you have questions about the programs or the cost, as we are here to help make this an easy and clear decision.

Balanced Body Modules/Pre-requisites

- Anatomy (14 hours) - \$405/\$355 with early-bird discount
- Mat 1 - \$504 + \$75 materials fee = \$579
- Mat 2 - \$504 + \$75 materials fee = \$579
- Reformer 1 - \$567 + \$75 materials fee = \$642
- Reformer 2 - \$504 + \$75 materials fee = \$579
- Reformer 3 - \$441 + \$75 materials fee = \$516
- Trapeze Table - \$567 + \$75 materials fee = \$642
- Chair - \$441 + \$75 materials fee = \$516
- Barrel & small apparatus \$189 + \$75 materials fee = \$265

Total Module and pre-requisite cost = **\$4,723** (with anatomy \$50 discount = **\$4673**)

Optional Mentoring Program: The Engaged Teacher Roadmap 12-Month Mentorship

Presented by Skillful Teaching & Pilates Collective Co-founder, Chantill Lopez:

The Engaged Teacher ROADMAP is what EVERY Pilates teacher should have at the beginning of their teaching career. And it's an invaluable resource NO MATTER how long you've been teaching. This ROADMAP helps Pilates teachers create an unshakable foundation for not only technically superior teaching, but also educating their, inspiring, motivating and cultivating long term commitment in their students.

But even MORE THAN THAT, the Engaged Teacher ROADMAP is an opportunity to be in community with other teachers and to do the personal work that is required of all of us to create work/life balance, meaningful and lasting contributions and financial success.

Many of us believe that financial abundance is about having the right marketing, cutting costs, and knowing the tricks of social media or having other logistic and strategic systems figured out. However, those things are only as effective as our understanding of ourselves is strong and our motives are clear. Without clarity of Purpose and strength of vision no tools will ever be as effective as it could be.

Full Program – 12-month program = \$1600 (*Payment Options Available*)

Learn more about Skillful Teaching, Chantill Lopez and the program at:

<http://skillfulteaching.com/the-engaged-teacher-roadmap/>